

Rear Admiral Paul Lanzilotta



Rear Admiral Paul Lanzilotta hails from Long Island, New York, and is a graduate of the Massachusetts Institute of Technology. He commissioned through the Naval ROTC program and earned his wings of gold as a naval flight officer. He earned a master's degree in systems engineering from the Johns Hopkins University in Maryland.

Operational tours in command at sea include commanding officer of USS [*Gerald R. Ford*](#) (CVN 78), command of USS [*Arlington*](#) (LPD 24), Carrier Airborne Early Warning Squadron (VAW) 120 "Greyhawks," and VAW-126 "Seahawks." He deployed as a junior officer, department head and executive officer to the European theater, the Middle East and across the Western Pacific.

His assignments ashore include the U.S. Naval Test Pilot School, Fixed Wing Test Squadron (VX) 20, J-35 lead planner for HQ European Command, and deputy executive assistant to the Chief of Naval Personnel.

As a Flag Officer, he served as director, Maritime Headquarters, U.S. Fleet Forces Command prior to assuming Command of Carrier Strike Group Twelve in March of 2025.

He has logged over 2,600 hours in 22 different aircraft. His personal decorations include the Legion of Merit, Meritorious Service Medal, Defense Meritorious Service Medal, Air Medal, and various other medals, unit and campaign awards.

Last updated: 24 November 2025